

# Blue Strawberry Bistrot

## SAMPLE - BRUNCH N LUNCH MENU MONDAY-SATURDAY

Monday-Friday lunch 11.00pm-3.00pm (last booking)

Please advise us of any food allergies or specific dietary requirements before ordering  
All dishes marked with (gf) either are or can be adapted to suit gluten free

### NIBBLES

|                                 |      |
|---------------------------------|------|
| Marinated olives (gf)           | 3.50 |
| (v)Garlic & basil ciabatta (gf) | 3.50 |
| with cheese (gf)                | 3.95 |
| Smoked almonds (gf)             | 2.50 |
| Bread (gf available)            | 1.95 |

### STARTERS

|  |              |
|--|--------------|
| (v) Mediterranean fish soup Or<br>Homemade soup of the day (see today's special menu) (gf) | 5.50<br>4.95 |
| Potted Coronation chicken: red onion jam with garlic crostinis (gf)                        | 6.95         |
| (v) Mushroom & goats cheese pate: crostini & mixed leaves (gf)                             | 5.95         |
| Scallops St Jacques  | 9.95         |
| Salmon tower: base of avocado, topped with<br>Horseradish crème fraiche (gf)               | 8.95         |

### STARTER OR MAIN

|  |            |
|--|------------|
| (v) Linguini pasta: roasted butternut squash, crispy sage,<br>Mascarpone & toasted pine nuts (gf)<br>(mains with garlic bread) | 6.95/11.50 |
| King prawn, crab & chorizo Linguini: in white wine,<br>tomatoes, garlic and chilli (mains with garlic bread) (gf)              | 8.95/15.50 |

### SALADS

|   |            |
|---|------------|
| The Blue Strawberry Salad: dressed leaves, King Prawns,<br>pancetta, Stilton, cashew nuts, crisp croutons (gf)    | 6.95/13.95 |
| Moroccan salad: giant couscous, baby spinach, roasted<br>chickpeas, pomegranate & tzatziki, topped with aubergine | 6.95/11.95 |
| Caeser salad: Tandoori salmon OR grilled chicken (gf)   | 7.95/13.95 |

### SIDES

|                       |           |                                 |      |
|-----------------------|-----------|---------------------------------|------|
| Creamy mash           | 2.95      | Chips                           | 2.95 |
| Sautéed potatoes      | 2.95      | Mixed salad                     | 3.25 |
| Mixed fresh veg       | 1.95/2.50 | New potatoes                    | 2.95 |
| Tomato & rocket Salad | 3.50      | Garden peas                     | 2.95 |
| Garlic flat mushrooms | 3.50      | Onion rings<br>with garlic mayo | 3.50 |

### BRUNCH

|   |       |
|---|-------|
| Honey roasted ham: fried eggs & frites                            | 10.95 |
| Steak haché: fried egg & frites                                   | 10.50 |
| Smoked salmon & cream cheese bagel                                | 9.95  |
| Poached eggs: on English muffin<br>topped with Hollandaise sauce: |       |
| -Royal: smoked salmon   | 9.95  |
| -Benedict: smoked ham   | 9.95  |
| -(v)Florentine: spinach   | 7.95  |
| (v) Roasted Mediterranean vegetable frittata:<br>mixed salad (gf) | 10.95 |

For our daily selection of pastries please see staff

### MAIN COURSE

|  |                                  |
|--|----------------------------------|
| Chicken & Mushroom Pie: mashed potatoes & gravy<br>available in Medium Or Large  | 11.95/14.95                      |
| (v) Vegetable pie: mashed potatoes & gravy   | 10.95                            |
| Slow cooked pork belly:<br>mashed potatoes & crispy crackling (gf)   | 13.95                            |
| Chicken Chasseur: savoury rice   | 12.95                            |
| Mushroom Stroganoff: savoury rice  | 11.95                            |
| Confit duck leg chorizo, pancetta, cannellini bean<br>& tomato cassoulet (gf)  | 14.95                            |
| Beer Battered Fish & Chips: garden peas  | 12.50                            |
| Chargrilled Sashimi Tuna Steak: tapenade,<br>sunblushed tomato dressing, sautéed potatoes<br>& mixed salad (gf)  | 14.50                            |
| (v)Baked goats cheese, spinach & red onion tart:<br>Sweet potato chips   | 11.95                            |
| 5oz Sirloin Steak: frites  | 11.95                            |
| 8oz Sirloin Steak: frites, grilled tomato & mushroom   | 18.50                            |
| Medallions of fillet steak:<br>peppercorn sauce & sautéed potatoes   | 20.95                            |
| Beef Wellington: sautéed potatoes  | 19.95                            |
| Fruit De Mer: King Prawns, smoked salmon, dressed crab, smoked<br>mackerel, potted brown shrimp, Leigh On Sea cockles, potted<br>salmon mayonnaise, Marie Rose sauce, garlic mayonnaise &<br>crusty ciabatta | 25.00 for 1 person/45.00 for two |

For your convenience a suggested gratuity of 10% will be added to your bill for the benefit of serving & other staff

### Now serving Afternoon Tea (Mon-Sat 12:00-5pm)

£19.50 per person- 24 hours' notice, £10pp deposit & booking required

Selection of sandwiches, cakes & homemade scones (vegetarian & gluten free options available)

Selection of teas & coffees